Mahitahi Hauora Education Update – 18th May 2023

# Professional development

*For more professional development opportunities, please visit* [*Home page - Mahitahi Hauora Primary Health Entity*](https://education.mahitahihauora.co.nz/w/)

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### *Either scroll down on front page and you will find a box on left hand side* CONTINUING MEDICAL EDUCATION / CONTINUING NURSING EDUCATION

*Or go to HEALTH & WELLBEING PARTNERS Professional Development in second column*

*Or* [*https://education.mahitahihauora.co.nz/w/upcoming/*](https://education.mahitahihauora.co.nz/w/upcoming/)

*Look out for weekly Professional Development* ***Medinz*** *– Thursday morning at 10am highlighting upcoming Professional Development opportunities in Northland.*

*If you have ideas of valuable training or have any queries about these courses, please email*

*Education@mahitahihauora.co.nz*

# Mahitahi Hauora Education sessions

More information available via our education website - [*Home page - Mahitahi Hauora Primary Health Entity*](https://education.mahitahihauora.co.nz/w/)

## HPV Primary Screening update

Over 80 of you have already registered for this update from Te Whatu Ora

**Tuesday 23rd May – 6pm to 7.30pm – Online**

**HPV Primary Screening update** - The why, what and how of the transition to HPV primary screening for cervical cancer. The presentation from the HPV Primary Screening Project team will focus on the changes, training and support for screen takers and those involved in supporting screening.

Register at <https://education.mahitahihauora.co.nz/w/>

Or <https://education.mahitahihauora.co.nz/register?sgid=977af75ffc334ee2a88c33c3ae4fbe2c>

## Hepatitis B & C – Update by Professor Ed Gane – Mahitahi Study Session

**Thursday 25th May**  **– 6.00pm - 7.00pm Live online.**
Professor Ed Gane will update on the Hepatitis C elimination goal, community programmes, treatment and Hep C Health Pathway with opportunity to ask questions.

Registration link: <https://education.mahitahihauora.co.nz/register?sgid=7640fdf80dcd48f097093e4c8bf1fa46>

Topics to be covered include:

* Hepatitis C elimination goal - how are we doing?
* Community programmes including point of care testing.
* Treating Hep C - Maviret 101
* The Hep C Health Pathway
* Hep B update & incentives
* POADMS claiming process.
* Questions/Answers

Also information on Hep B incentive programmes in Northland and how to work with Primary Options to secure payments for Hep C treatment.

Cultural Safety – Mahitahi Study session - online

**8th June 2023 6.30 to 7.30pm**

**With Jessica Buddendijk from Mobile Health/ Rural Health Development**

To register for this FREE course please use this link:

<https://mobilehealth.zoom.us/webinar/register/WN_y_HKWHMjQE64uPkdDRSbug>

Optimising Hypertension Management in Primary Health Care – Mahitahi Study session - online

**20th June 2023 6.00 to 7.00pm**

Find out about latest evidence regarding managing hypertension, Overview of Whangarei Hospital’s hypertension service and ongoing education opportunities & support. Presenters Dr Sharen Supershad – Renal Physician and dedicated specialist in clinical hypertension with the American Society of Hypertension, & Kate Burson – Hypertension Clinical Nurse Specialist from Te Whatu Ora Te Tai Tokerau

All Te Tai Tokerau health professionals can register for this FREE course please use this link:

<https://education.mahitahihauora.co.nz/w/> or <https://education.mahitahihauora.co.nz/register?sgid=e26785bd18b04566ba04f45248776afc>

Code of Rights, Privacy, Confidentiality & Choice – Mahitahi Study session - online

**22nd June 2023 – 12.30pm to 1.30pm – Lunch time session**

**With Jessica Buddendijk from Mobile Health/ Rural Health Development**

To register for this FREE course please use this link:

[https://mobilehealth.zoom.us/webinar/register/WN\_58r9aHMwRSGHDg5Q\_fdcRw#](https://mobilehealth.zoom.us/webinar/register/WN_58r9aHMwRSGHDg5Q_fdcRw)

# Health Related Education sessions

Dated and timed sessions that we have heard about

Clinical Records: What you must include for ACC clients

**Wednesday 24th May, 12-1pm to understand what you must include in clinical records for your ACC clients and why it is important.**

Perfect for all ACC registered treatment providers, other than those working in mental injury, our friendly team will use case studies and real-life examples to talk you through the essentials, share insights from their work and explain the need for some key pieces of information.

To register for this course please go to ACC Provider updates https://www.acc.co.nz/for-providers/provider-news-and-events/watch-and-learn-webinars/

Assessment and Management of Urological Emergencies – NZ Urological Nurses Society - online

**12 June 2023 – 7pm to 8.30pm**

**3 speakers including Keynote Speaker Hazel Ecclestone Consultant Urologist**

To register for this course please use this link:

[NZUNS June Webinar - Register Now (mailchi.mp)](https://mailchi.mp/88813e17afb8/nzuns-june-webinar-register-now?e=e8a6a18d79)

Alzheimer’s Northland Workshop “Walking in their shoes”

**13 June 2023 – 10am to 12pm**

**Outline of workshop:**

* Understanding Dementia
* Understanding brain changes
* Adapting our approach

**At Te Ora Hou Northland, 104 Corks Road, Whangarei**

**Cost $20 koha on the day**

**RSVP** **Northland@alzheimers.org.nz**

Supporting Yourself & Others in the aftermath of Cyclone Gabrielle – online workshops and resources

**Mental Health Education & Resource Centre present:**

**Community Workshops**

These online workshops are designed for people in the community that are wanting to gain skills and tools to support themselves and their whānau in the aftermath of Cyclone Gabrielle.

**• Recognising and Responding to Psychological Distress in the Community**

Learn fundamental skills to understand and support others who may be experiencing mental distress and/or

mental illness, especially from the impacts of the cyclone.

**• Wednesday 14 June, 7.00pm - 8.30pm**

**• Understanding and Managing Change**

Explore aspects of perception and control and how these processes play a key role in managing change.

**Thursday 8 June, 10.30am - 12.00pm • Thursday 22 June, 7.00pm - 8.30pm**

• **Impacts of Trauma on Sleep and Life**

Discover the impacts of trauma and other ongoing challenges on the brain, body and mind. Gain practical

strategies to support regulation, sleep and life.

**Tuesday 13 June, 10.30am - 12.00pm • Monday 26 June, 2023 - 7.00pm - 8.30pm**

**Online workshops for the Workforce**

These online workshops are designed to provide essential skills in psychosocial disaster response and self-care for

frontline workers, first responders and others working with cyclone-affected people.

• **Disaster Recovery: Managing the Stressors Experienced by First Responders and Other Helpers**

Explore the signs of stress-related impacts to traumatic events and disasters, and learn steps and strategies you

could use to mitigate or eliminate them.

 **Thursday 1 June, 7.00pm - 8.30pm • Thursday 8 June, 7.00pm - 8.30pm**

• **Empathy Fatigue: Recognising the Signs and Strategies for Prevention and Recovery**

Those in helping-professions have an inherent risk of developing empathy fatigue. Learn how to identify fatigue

and respond to empathy fatigue, what factors increase the likelihood of burnout, and strategies to enhance

resilience.

**Wednesday 31 May, 7.00pm - 8.30pm**

• **Self-Care and Professional Practice When Working with Trauma and Tragedy**

Develop skills to be the best you can be when practising support during a tragedy, how to recognise and

acknowledge traumatic experiences and work through them effectively.

**Tuesday 20 June, 7.00pm - 8.30pm • Thursday 29 June, 7.00pm - 8.30pm**

**Register now at mherc.org.nz.**

**Funded by MSD (Ministry of Social Development)**

[Download Resources | Mental Health Resources & Information  | MHERC](https://mherc.org.nz/seeking-help/resources)

Call them on 033655344 or 0800 424 399

Tip sheets available at [Download Resources | Mental Health Resources & Information  | MHERC](https://mherc.org.nz/seeking-help/resources)

We are currently working on bringing back the **Telephone Triage for Nurses** – PEADS and Adult which we are hoping will be in August. Also **Telephone triage for Admin or non-clinical staff**. These sessions will be via zoom and limited to 20 people per course. Participants need to commit to both sessions as the topic is covered off completely over the two sessions.

We are working on many other courses and will publish more dates and times when we get confirmation.

Keep an eye on our education site to register and find out more information. [*https://education.mahitahihauora.co.nz/w/upcoming/*](https://education.mahitahihauora.co.nz/w/upcoming/)

Hopefully you are enrolled in Medinz, as we advertise clinically relevant courses by email each week at 10am Thursday.

If you have any questions regarding training or are looking for more information, please contact our Education Team on Ph 021 869 712 or education@mahitahihauora.co.nz

There are lots of **changes happening in the structure of the Health System in NZ**, we are trying to find information that can help your teams easily understand the changes. One introduction video is

<https://www.tewhatuora.govt.nz/whats-happening/changing-the-system/>

This is another website with up-to-date information[**https://www.futureofhealth.govt.nz/**](https://www.futureofhealth.govt.nz/)

**Find out the latest news and updates on Te Whatu Ora work and the progress of Aotearoa’s health system reforms here:** [**https://www.tewhatuora.govt.nz/about-us/news-and-updates/**](https://www.tewhatuora.govt.nz/about-us/news-and-updates/)

**Training Idea for the month**

**Check out Goodfellow unit** for upcoming or recorded training opportunities or 209 recorded Podcasts on topics such as Child Abuse, Cardiovascular risk reduction, Sexual harm Disclosure, Conversations with young patients about sex, Libido in the menopausal woman.

<https://www.goodfellowunit.org/podcast>

Any queries or comments on this Education update please contact Education@Mahitahihauora.co.nz or Phone 021 869 712