

RSV and your child: What you need to know

What is RSV?

RSV is common in young children in winter. Most pēpi who get RSV have a cough, fever and a runny nose. Some babies, particularly young infants, can get quite unwell from this virus. Most get better by themselves with support from their whānau, and don't need any treatment.

Why is RSV a problem this year?

Last year, the COVID lockdown reduced the number of tamariki who got RSV, so a lot of children who never had it before are catching it now.

What should I do if my child has RSV?

If your pēpi or tamariki has a fever, runny nose or cough, please keep them at home. Encourage them to drink normally. If they feel miserable, giving paracetamol may help.

Call Healthline 0800 611 116 or a GP/nurse if your child is under 3 months old, has trouble breathing or drinking, vomits, looks pale and unwell, doesn't feed, or you're worried.



**Mahitahi
Hauora**

For more information: www.kidshealth.org.nz