

## Stopping your medicines before your spirometry appointment

It's important to stop taking your inhalers before your spirometry appointment. There are also some other kinds of medicines you'll need to stop taking.

This table tells you when you need to stop taking your inhalers and other medicines.

Stop these inhalers <b>6 hours</b> before your appointment	Stop these inhalers <b>12 hours</b> before your appointment	Stop these inhalers/medicines <b>24 hours</b> before your appointment
Ventolin/Respigen (blue)	Oxis (white/blue base)	Spiriva handihaler (grey)
Bricanyl/Terbutaline (white/blue base)	Serevent (green)	Spiriva Respimat (grey/blue lid)
Duolin (light grey/blue cap)	Meterol (white/pink cap)	Nuelin (liquid or tablet)
Atrovent (white/green lid)	Seretide (purple)	Seebri (white/orange sides)
SalAir (light grey/white cap)	Vannair (red/grey cap)	Breo Ellipta, Relvar Ellipta (white/blue lid)
	Symbicort (white/red base)	Onbrez (white/blue sides)
	Duoresp Spiromax (white/red cap)	Incruse Ellipta (white/green lid)
	RexAir (white/grey cap)	Ultibro (white/green sides)
	Foradil (blue)	Anoro Ellipta (white/red lid)
		Spiolto Respimat (white/green lid)
		Singulair (tablet)

If you are unable to stop using your inhalers or medicines due to breathlessness please tell us when you come to your appointment.